

SCOTTISH OPEN 2007

The Scottish Open this year saw 18 students from Cardiff University, Ely and Fairwater schools travel up to compete at the Kelvin Halls with the majority driving up it was a picturesque if long drive, the only hiccup was getting stuck in traffic for a few hours behind a burning van around Birmingham but even this couldn't dampen their enthusiasm. With ITF Slovenia, ITF Scotland and the UKTA Select attending this year everyone was looking forward to the bigger challenge ahead of them. The day started out with the teen and adult black belt patterns and swiftly progressed through the rounds and divisions until lunchtime. With the sparring then starting up at the same time as the UKTA - ITF Slovenia - ITF Scotland challenge everyone was very busy and there was plenty of action to be found on all the rings. The competitors and spectators alike were get-

ting behind the national teams and enjoying the team pattern and sparring events. Finishing off with the special technique events and then the announcement of the individual overalls, then finally Elgin were proclaimed winning school of the 2007 Scottish Open.

Throughout the day Master Prewett VIII and Master Taylor VIII were able to see how well the ITF Wales competitors performed and represented their schools and country on and off the rings - their efforts showing what high standards there are in Wales. With so many of the Welsh competitors performing very well and most being up at the same time it was hard work to keep up with everything going on down at the rings - every competitor competed well and did themselves proud but special mention can be given to Gareth Francis, Conah Prosser and Delme Pezzack, all new black belts

with under a month since their grading to black belt, they did very well all taking gold in their sparring events. Also Ben Hull, Kane Collins and Delme Pezzack again, all took two gold medals each which saw them all awarded the individual overall in their respective division.

Everyone was agreed it was a great day and the competition ran very smoothly, at the end of a long but enjoyable day we were pleased to see Ely school finish 4th (36 points 10 gold, 1 silver, 4 bronze) and Fairwater 5th (28 points 8 gold, 1 silver 2 bronze). With the two Cardiff Uni members picking up another 3 bronze the Scottish saw a lot of success for the Welsh contingent who can all be very proud of themselves with what they achieved.

For further details please contact secretary@itfwales.co.uk or visit our website at www.itfwales.co.uk

		Patterns	Sparring	S/T	Overalls
Richard Taylor II	Cardiff University	Bronze	Bronze		
Emma Bonnar II	Cardiff University	Bronze			
Sophie Collins II	Fairwater	Gold	1/4 final		
Victoria Phillips I	Ely	1/4 final	Bronze		
Cassie Lund I	Ely	1/4 final	Gold		
Tom Harris I	Ely	Bronze	Silver		
Lee Burrige I	Fairwater	1/4 final			
Ben Miller I	Fairwater	Bronze	1/4 final		
Gareth Francis I	Ely	Round 2	Gold		
Conah Prosser I	Ely	1/4 final	Gold		
Delme Pezzack I	Fairwater	Gold	Gold		U13 black belt overall
Lanny James	Ely	Bronze	Gold		
Kane Collins	Fairwater	Silver	Gold	Gold	U13 colour belt overall
Bethan Pezzack	Fairwater	Gold	Bronze		
Ryan Davis	Ely	Bronze	Gold		
Ben Hull	Ely	Gold	Gold		13-17 colour belt overall
Sarah Jones	Ely	Gold	Gold		



Top Left: Jump side kick connects in the male black belt sparring. Top Right: Caught mid flight, action from the female black belt sparring section.
 Centre Left: on form, you can see the concentration on this girls face in the 18+ female 2nd - 4th dan section.
 Centre Right: Kicks clash in the 18+ female sparring. Bottom: ITF Wales stand proud together for the TKD-KMA cameras!