

	Venue	Winner	Runner up	3rd	3rd
2007 XVIII Four Nations	06-Oct Exter	England	Wales	Ireland	Scotland
2004 XVII Four Nations	06-Nov Dublin	Wales	Ireland	England	
2003 XVI Four Nations	22-Nov Llantrisant	England	Wales	Ireland	Scotland
2002 XV Four Nations		England			
2001 XIV Four Nations		England			
2000 XIII Four Nations		England	Wales		
1999 XII Four Nations		England			
1998 XI Four Nation		England			
1997 X Four Nations		England			
1996 IX Four Nations	Dublin	Ireland			
1995 VIII Four Nations		Ireland			
1994 VII Four Nations		Ireland			
1993 VI Four Nations		England			
1992 V Four Nations	Glasgow	Wales			
1991 IV Four Nations	Dublin	Wales			
1990 III Four Nations		England		Wales	
1989 II Four Nations		Scotland	Wales		
1988 I Four Nations	Cardiff	Wales			