

International Competitions	UKTA Competitions	Other Competitions
Black Belt course/seminar/grading	Squad Training	Others

## Events & Training 2010

January 17th Sunday 10:00-12:00	National Squad Training	Llanedeyrn High School CF23 9US
January 15-17 <sup>th</sup>	ITF Umpires seminar	Holland
January 24th Sunday 10:00-12:00	National Squad Training	Llanedeyrn High School CF23 9US
February 5th Friday 19:00	ITF Wales Awards Night	Fairwater Conservative Club
February 6th Saturday 09:00	UKTA Regional Seminar	Llanedeyrn High School CF23 9US
February 7th Sunday 10:00-12:00	National Squad Training	Llanedeyrn High School CF23 9US
February 14th Sunday 10:00-12:00	National Squad Training	Llanedeyrn High School CF23 9US
February 21st Sunday 08:45	Grand Prix VII stage I	Eastern Leisure Centre, Llanrumney
February 28th Sunday 10:00-12:00	National Squad Training	Llanedeyrn High School CF23 9US
March 5-7th	UKTA black belt grading	Glasgow Scotland
March 7th Sunday 10:00-12:00	National Squad Training	Llanedeyrn High School CF23 9US
March 9-15th	European Championships	Bari, Italy
April 11th Sunday 10:00-12:00	National Squad Training	Llanedeyrn High School CF23 9US
April 17th Saturday 09:00	UKTA Scottish Open	Glasgow
April 25th Sunday 10:00-12:00	National Squad Training	Llanedeyrn High School CF23 9US
May 9th Sunday 09:00	UKTA Regional Seminar	University Hospital Wales Sports Hall
May 16th Sunday 09:00	UKTA Welsh Open	NIAC, UWIC Cardiff
May 23 <sup>rd</sup> Sunday 10:00-12:00	National Squad Training	Llanedeyrn High School CF23 9US
June 6th Sunday 10:00-12:00	National Squad Training	Llanedeyrn High School CF23 9US
June 13th Sunday 10:00	Grand Prix VII stage II	Eastern Leisure Centre, Llanrumney
June 20th Sunday 10:00-12:00	National Squad Training	Llanedeyrn High School CF23 9US
July 4th Sunday 10:00-12:00	National Squad Training	Llanedeyrn High School CF23 9US
July 18th Sunday 08:45	London Open	Guildford Spectrum
July 25th Sunday 10:00-12:00	National Squad Training	Llanedeyrn High School CF23 9US
August 21 <sup>st</sup> – 28 <sup>th</sup>	World Championships Jun & Vet	Minsk, Belarus
September 3-5th	UKTA black belt grading	Shawlands Academy, Glasgow
September 12th Sunday 10:00-12:00	National Squad Training	Llanedeyrn High School CF23 9US
September 25th Saturday 09:00	UKTA English Open	K2, Crawley
October 3rd Sunday 10:00-12:00	National Squad Training	Llanedeyrn High School CF23 9US
October 10th Sunday 10:00-12:00	National Squad Training	Cogan Leisure Centre, Penarth
October 16th Saturday	Four Nations Tournament	Scotland
October 24th Sunday 08:45	Grand Prix VII stage III	Eastern Leisure Centre, Llanrumney
October 7th Saturday 09:00	UKTA UK Open	NIAC, UWIC Cardiff
November 21st Sunday 10:00-12:00	National Squad Training	Cogan Leisure Centre, Penarth
November 14th Sunday 09:00	UKTA Regional Seminar	Llanedeyrn High School CF23 9US
December 4th Saturday 09:00	RITA National Open	Dublin
December 5 <sup>th</sup> Sunday 10:00-12:00	National Squad Training	Cogan Leisure Centre, Penarth
December 11th	III ITF Pro tournament	Zagreb, Croatia
January 28 <sup>th</sup>	ITF Wales Awards Night	Fairwater Conservative Club