

### Awards Night Thursday 13th - Electricity Club, Cardiff

After yet another long busy year for ITF Wales it came time to end up the year and show recognition to some of the many students who have trained hard, performed well and competed hard to top the tables in the Grand Prix. The presentation started off with a few words by Master Taylor commending the team on their performance in the Euros this year and thanking everyone, instructors, students and parents for all their hard work in making ITF Wales so successful this year. The overall Awards for the Grand Prix were then announced as follow:

	Under 13	13-17	Over 18
1st	Kane Collins (Fairwater)	Sarah Jones (Ely)	Daniel Neale (Ely)
2nd	William Barrett (Fairwater)	Amy Jones (Ely)	Carlos Sendra (Cardiff Uni)
3rd	Lewis Brooks (Ely)	Ryan Davis (Ely)	Valerie Barrett (Fairwater)

New to this year is the Master's Shield, this is a competition for all ITF Wales members colour and black belt with three divisions. Every medal won in the English, Scottish, Welsh and UK Opens count and the student with the highest total of points at the end of the year will be the Shield winner, the inaugural winners are:

	Under 13	13-17	Over 18
winner	Kane Collins (Fairwater)	Lanny James (Ely)	Cassie Lund (Ely)

Masters Taylor and Prewett then awarded the Ely and Fairwater students of the year who were as follows:

Ely	Junior Student - Ethan Davis	Senior Student - Daniel Neale
Fairwater	Junior Student - Daniel Anderson	Senior Student - Sharon Collins

Master Prewett then closed up with a thank to you to everyone who has helped out throughout the whole year and donated all the raffle prizes (star of which was Mrs Gill Wakely's Santa cake) with a special mention to all the hard work done by Mrs Sue Phillips and Mrs Tracey Fenton. The floor then filed up as the music started and everyone had a great time bopping and grooving on the dance floor and were still going strong after the bar closed and it was time to go. One final word of thank to Mrs Clare Matthews IV who organised yet another great Awards night and we wish you all a Merry Christmas and Happy New Year.



### Irish







T Setting off at 8 am on the Friday Tom, Sophie and Lanny were treated the scenic trip through the middle of Wales in some not so lovely weather but four hours later we pulled into Holyhead, a then very peaceful three hour ferry crossing to get to Dublin. Later that night Victoria joined us (having flown over as her dedication to teaching was so strong she couldn't not see her class that day and chose to work and join us later.). Setting off around 9am Friday we (along with a lot of others) eventually found the secret leisure centre (Ireland doesn't seem to be big on direct road signs). The competition was in a very modern leisure centre but as per usual a freezing (for the competitors at least) hall. Starting in the adult combined I & II male and female patterns meant all three of seniors were up, Sophie won her first round, Victoria had the decision go against her in a very close call against a an Irish team member and Tom won his round. In the quarter final Sophie faced the same Irish team member who had already dispatched Victoria, putting in a performance worthy of the European medallist she is we all thought she would advance but surprisingly the vote went 4-1 against her. Tom picked up his tempo and advanced through against his opponent. In the final top raised his level once more and seemed to be sharper, sit in stances more and very solid but the decision went against him and he had to settle for silver. Moving into sparring first up were the girls in a all weights in category. First up Sophie fought a shorter but heavier opponent who hit hard and made sure Sophie worked for her victory. Coming off with a glowing nose and reddened forehead she was pleased to have clearly won both rounds. Next up Victoria faced an opponent who was around double her weight, giving away height, weight and reach Victoria tried to move and counter but found it too hard as she bounced off her opponent, even after receiving a dead leg she kept fighting until the end and was pleased but in pain with herself. In the final Sophie also tried movement and quick scores to move out but also found as you hit her you just bounced off - losing the final she picked up a silver but bother girls can be happy with their performances against much bigger opponents. Tom Had a bye in the semi final where he faced an energetic opponent who tried again and again to break him down but Tom performed well scoring point after point to easily win through to the final. In the final he faced an opponent who was even more energetic and frenetic than the first as he ducked twisted jumped and even leapt in to try and score shots but Tom kept his head and avoided most of them countering and ensuring he scored each time to once again clearly win and was very happy with his performance. Next up was Adult power which Sophie and Victoria both attempted - no females made the eliminator but on the second round a local girl was the only one to break so took gold. Finally the special technique event was held, not being something any of them usually do all decided to have a go at least, set to European heights everyone attempted but no male or female made the eliminators. This



ended the morning as we broke for lunch.

In the after noon there was only Lanny competing and she was up first in the combined 13-17 dan patterns, receiving a bye into the semi final she performed very well in both rounds to win through to the final, here she picked up her level and again and won a well deserved gold. In sparring there were only two females so LAN faced a taller and heavier opponent, moving well and trying to spar she was soon getting frustrated with the pulling and tugging of her dobok which went unpunished, losing her temper and receiving a warning for it in the break she calmed down and went back in composed winning points, finally after having her hair grabbed, head yanked back and punched in the back of the head the opponent was warned and from that moment on Lan chased her to pile up the points and was delighted picking up her second gold. Finally entering the special technique she found out that she was up against the boys - some who were a foot taller than her, knowing she wasn't going to win she still gave it a go and went out in the eliminator (no one made the the scissors kick which made her feel better).

Leaving around 4pm after the obligatory victory photo we headed into Dublin and found a nice Chinese to have a nice meal in before some site seeing in the dark down O'Connell street. Later we headed off to catch our 9pm ferry, fortunately we had another quite smooth crossing and got into Holyhead around midnight which then saw the guy and gals crash out in the car and wake up 4 hours later as we entered Wales. A very long and tiring but fun weekend away was the final conclusion and well done to all of you for performing so well and also thank all the members of RITA who made us feel welcome and especially Mr Floyd Keane VI whose friendly banter made all the competitors feel at ease despite being mocked.

Sophie Collins II	Fairwater	¼	
Victoria Phillips II	Ely	1	
Tom Harris I	Ely		 
Lanny James I	Ely		 

#### UK Open, Saturday 24th November - UWIC Cardiff

Well done to all ITF Wales members who were in the, it was good to see so many there and such great displays of Taekwon-Do. Everyone competed well and it was fantastic to see the enthusiasm and hard work of under 13's. Competitors from all the schools worked hard and showed what great standards Wales currently has, this was rewarded with Ely and Fairwater Schools coming 1st and 2nd on the day. Below is a list of competitors and what their schools won (not everyone is on there as I don't have a full list of competitors but if you know anyone who is missing please do e-mail and I shall add them on.)

<b>Ely (12-9-10) 1st</b>	<b>Fairwater (10-4-2) 2nd</b>	<b>Cardiff University (1-4-4)</b>
Neville Thompson II	Sophie Collins II	Richard Taylor II
Victoria Phillips II	Lee Crews I	Carlos Sendra
Cassie Lund I	George Crews I	Dave Sharp
Dave Lund I	Delme Pezzack I	Sarah Farthing
Joe Hindsley I	Bethan Pezzack	Jackey Lok
Tom Harris I	Kane Collins	Carrie-Ann Jones
Gareth Francis I	Kristian	
Conah Prosser I	Rhys Prankard	
Lanny James I	Elizabeth Prescott	<b>Cardiff North (1-1-2)</b>
Ryan Davis	Valerie Barrett	Mike Barker III
Ethan Davis	William Barrett	Jac Holloway
Kieron Barry	Daniel Anderson	Jacob Thorne
Daniel Neale	Sharon Collins	Monet Legall
Leighton Prosser	Callum Ryan	Alysia Battersby
Lewis Brooks	Callum Hole	
Jamie Dare	Leanne Ryan	<b>Tywyn/Aberystwyth (0-0-1)</b>
Demi Brooks		Lara Stephens I
Jade Cronick	<b>Cyncoed (0-0-1)</b>	Callum Stephens I
Sam Walsh	Daniel Kilford	Kevin Payne
Thomas Jenkins		
Joseph Powell	<b>Lisvane (0-1-1)</b>	
Daniel Jenkins	Stephen Cocks	



Sarah Jones	Rhiannon Parnis	
Amy Jones	Joseph Searle	



### Grand Prix V 2007 - rankings

This year has seen a few modifications to the Grand Prix in order to improve it and make it as fair as possible, due to this it has been decided to also update the scoring system so that all medals will score points and count towards overalls - but to ensure fairness each medal winner will also receive a bonus point for every round won against an opponent (not byes). This now means that a gold won with no one else in the group would be worth 3 points but a gold won by actually beating three opponents would be worth 3 + 3 = 6 points. This now means that everyone has a chance at overalls with all medals scoring points. The new rankings ladder will also show each round and event with total points won each time and total points a legend is provided below.

3	Gold medal - 3 points plus any bonus points
2	Silver medal - 2 points plus any bonus points
1	Bronze medal - 1 point plus any bonus points
0	Competed but scored no points
x	Did not compete



### Welcome to ITF Wales



We would like to welcome into ITF Wales Master Gary Gassor's Newport School of Taekwon-Do to check out their school follow this link [www.mafcmartialarts.com](http://www.mafcmartialarts.com) - well done to all the Newport competitors at the Grand Prix this weekend

### XXII Senior & XIII Junior European Championships 19-21st October - Tallinn

Fifteen members of ITF Wales competed in the European Championships with no less than 7 of them in their first ever international tournament and everyone did well gaining plenty of experience. The competition also saw the last appearance of Dean Matthews for Wales (well until he hits veteran status) and the first ever appearance of a junior male team for Wales with both Dean and the team taking a bronze in patterns it was a great end and start to their international careers. With Sophie Collins taking a bronze in her first ever Senior Europeans and Lanny James also taking a bronze in her first ever Junior Europeans Wales can be very pleased with what the team achieved this time out and look forward to more from them next year in Croatia. Photos and full report follow.



Dean Matthews (Cardiff Uni)	Senior male IV dan		Senior male - 64kg	r1				
Richard Taylor (Cardiff Uni)	Senior male II dan	r1	Senior male +85kg	¼	Senior male power	r1		
Sophie Collins (Fairwater)	Senior female II dan		Senior female -57kg	r1				
Victoria Phillips (Ely)	Senior female I dan	r1	Senior female -63kg	r1				
Cassie Lund (Ely)			Senior female -51kg	¼				
Wayne Brooks (Ely)			Senior male - 85kg	r2				
Tom Harris (Ely)	Senior male I dan	¼	Senior male - 57kg	¼				
Luke Wakely (TKD Wales)			Junior male - 75kg	r1	Junior team patterns		Junior team sparring	¼
Lee Crews (Fairwater)			Junior male - 69kg	r1	Junior team patterns		Junior team sparring	¼
George Crews (Fairwater)					Junior team patterns		Junior team sparring	¼
Lauren Robson (TKD Wales)			Junior female +70kg	¼				
Gareth Francis (Ely)			Male -63kg	¼	Junior team patterns		Junior team sparring	¼
Conah Prosser (Ely)	Junior male I dan	r2	Junior male - 51kg	r1	Junior team patterns		Junior team sparring	¼

Delme Pezzack (Fairwater)			Junior male - 57kg	¼	Junior team patterns		Junior team sparring	¼
Lanny James (Ely)	Junior female I dan		Junior female -52kg	¼				

### Four Nations & 40th Anniversary fight night - Exeter

This year the Four nations took on a new look being combined in with a black tie dinner so it was something new for a lot of people but judging by the attendance (some 40 odd people down from Wales) and late finish for lots it was something they all enjoyed. The teams were

England	Ireland	Scotland	Wales
<b>Felix Lopez IV</b> (Bury)	<b>Leon McSherry III</b> (Master Howard's)	<b>Douglas McFarlan IV</b> (Hillpark)	<b>Dean Matthews V</b> (Cardiff University)
<b>Johnny Chan IV</b> (Huddersfield)	<b>Adam Fox III</b> (Master Howard's)	<b>Ashley Dowden III</b> (West Lothian)	<b>Neil Ernest III</b>
<b>Ricky De-Winton IV</b> (RTA Didcot)	<b>Mark Jordan III</b> (Master Howard's)	<b>Thomas McMillan II</b> (Wishaw)	<b>Richard Taylor II</b> (Cardiff University)
<b>Carl Davis III</b> (RTA Didcot)	<b>Joe Gill II</b> (Athlone)	<b>Graham McDougall I</b> (Caledonian University)	<b>Neville Thompson II</b> (Ely)
<b>Andrew Haynes II</b> (RTA Didcot)	<b>Martin Mahoney II</b> (Galway)	<b>Stuart Broadfoot I</b> (Wishaw)	<b>Wayne Brooks I</b> (Ely)
<b>Paul Hutchings I</b>	<b>David Freeman I</b> (St Marks)	<b>Alan Rafferty II</b> (Caledonian University)	<b>Tom Harris I</b> (Ely)

The event started with team pattern with each team performing a pattern then being scored, with nerves still settling all the teams performed well but it was Ireland and England who progressed - in the final Ireland well deserved their first place.

<b>Ireland</b> 3 points	<b>England</b> 2 points	<b>Wales</b> 1 point	<b>Scotland</b> 1 point
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Next up was sparring with each team fighting each other gaining 2 points for a win and 1 point for a draw and first team to 6 points won. Wales excelled here and won all three of their fights and this meant they won the sparring event.

Sparring (Wales 3 wins, England 2 wins 1 loss, Ireland 2 losses, Scotland 2 losses)

#### Wales 6-0 Scotland

<b>Richard Taylor</b>	<b>Graham McDougall</b>
<b>Dean Matthews</b>	<b>Ashley Dowden</b>
<b>Wayne Brooks</b>	<b>Thomas McMillan</b>

#### England 6-2 Ireland

<b>Felix Lopez</b>	<b>Adam Fox</b>
<b>Paul Hutchings</b>	<b>Joe Gill</b>
<b>Johnny Chan</b>	<b>David Freeman</b>
<b>Ricky De-Winton</b>	<b>Martin Mahoney</b>

#### England 6-2 Scotland

<b>Paul Hutchings</b>	<b>Thomas McMillan</b>
<b>Ricky De-Winton</b>	<b>Alan Rafferty</b>
<b>Felix Lopez</b>	<b>Stuart Broadfoot</b>
<b>Johnny Chan</b>	<b>Graham McDougall</b>

#### Wales 6-4 Ireland

<b>Neil Ernest</b>	<b>Adam Fox</b>
<b>Dean Matthews</b>	<b>David Freeman</b>
<b>Richard Taylor</b>	<b>Leon McSherry</b>
<b>Neville Thompson</b>	<b>Joe Gill</b>
<b>Wayne Brooks</b>	<b>Mark Jordan</b>

#### Wales 3-0 England



<b>Richard Taylor</b>	<b>Johnny Chan</b>
<b>Wayne Brooks</b>	<b>Andrew Haynes</b>
<b>Neil Ernest</b>	<b>Ricky De-Winton</b>

**Ireland versus Scotland** - not contested as neither team could finish second

Finally in destruction Wales put in a good performance but despite 3 out of the 5 team members breaking and amassing 20 points it wasn't enough to win the event which left them runners up. (3 points for a board, 1 point for a tile and 6 points for a brick)

Dean Matthews	Turning kick	<b>2 boards</b>
Neville Thompson	Fore fist	<b>brick</b>
Neil Ernest	Side piercing kick	<b>3 boards</b>
Tom Harris	Knife hand	<b>5 tiles</b>
Richard Taylor	Reverse turning kick	<b>2 boards</b>










This left the final results as below and England were this years Four Nations winners.

	Patterns	Sparring	Destruction	Overall
<b>England</b>	<b>2</b>	<b>2</b>	<b>3</b>	<b>7 Points</b>
<b>Wales</b>	<b>1</b>	<b>3</b>	<b>2</b>	<b>6 Points</b>
<b>Ireland</b>	<b>3</b>	<b>1</b>	<b>1</b>	<b>5 Points</b>
<b>Scotland</b>	<b>1</b>	<b>1</b>	<b>1</b>	<b>3 Points</b>




The competition ended with the medal and trophy presentation and some speeches before a live band provided the music and the dance floor filled up - with the die hards all being encouraged to leave at gone 2am it was a late night but a thoroughly enjoyed one - we would like to say thank you to the organisers as it was a great time and of course to all team members who provided such high quality entertainment.

#### English Open 2007 - 29th September, K2 Crawley

With 23 competitors from 4 different schools at this years English Open it was a very busy time and apologies for any mistakes or omissions if you contact me I will correct them. There were very good performances from lots of people and plenty of experience gained for everyone. The black belts who will be travelling to Estonia later this month for the Europeans all used the competition as good opportunity to prepare themselves. A special mention goes out to brothers Ryan and Ethan Davis who between them took 4 gold, 1 silver and an overall award - quite an impressive tally I am sure you will all agree. Also Fairwaters Sharon Collins also took a double gold on the day. Finally it was good to see Lanny James I and Victoria Phillips II not letting the fact that they were only promoted less than four weeks prior put them off and both not only competed but won medals in their black belt groups

Competitor	School	P	S	ST	O
Luke Wakely III	TKD Wales	ne			
Sophie Collins II	Fairwater	¼			
Victoria Phillips II	Ely		ne		
Cassie Lund I	Ely				
Tom Harris I	Ely	r1			
George Crews I	Fairwater				
Lauren Robson I	TKD Wales	¼			
Gareth Francis I	Ely	¼			
Conah Prosser I	Ely				
Delme Pezzack I	Fairwater	¼			
Lanny James I	Ely				
Bethan Pezzack	Fairwater				
Kane Collins	Fairwater	¼	¼		
Ryan Davis	Ely				



Ethan Davis	Ely				
Owen Bevan	Aberystwyth		?		
Ieuan Bevan	Aberystwyth	?	?		
Daniel Neale	Ely	r1	r1		
Sarah Jones	Ely				
Lewis Brooks	Ely	¼			
Thomas Jenkins	Ely				
Daniel Jenkins	Ely	¼			
Sharon Collins	Fairwater				



### Black belt promotions

Congratulations to the Welsh contingent who attended the recent black belt seminar with Grand Master Rhee Ki Ha IX, especially to those who were promoted.

Dean Matthews	V	Cardiff Uni
Christopher Black	III	Lisvane
Victoria Phillips	II	Ely
Lanny James	I	Ely



























### London Open - 15th July, Guildford Spectrum

u13 - green belts saw brothers Thomas and Danial Jenkins go up against each other in patterns and sparring, both boys performing well with Thomas getting a bronze in patterns and Danial making the quarter final, In sparring they surpassed this by making the final against each other with Thomas narrowly wining the match to take gold as Danial received silver. In red belts Jane Collins and Beth Pezzack were also up against each other, in pattern unusually for these two Beth went out in the quarter final and Kane picked up bronze, determined to make up for this they both powered through all their sparring rounds and ended up facing each other in the final where despite Beth's height advantage Kane fought well using jumping shots to pick up extrapoints and gain the gold leaving Bethan with silver.

13-17 - green belts saw Sarah Jones go out in the first round of patterns against the eventual gold medallist but in sparring she upped the tempo to make it to the final and lost out to a more determined opponent but was happy to pick up silver. In the red belts we saw Lanny James, Ryan Davis and Ben Hull all up against each other in patterns, with Ryan and Ben unfortunate to meet in the quarter final Ryan's sharper pattern moved him through - with Lanny easily taking her rounds those two eventually met in the final where Lanny was able to up the level just a little more to edge out Ryan 3-2 on the vote and take gold leaving Ryan with silver. In sparring Ben lost his semi final on a very close decision in a very frenetic bout and had to settle for bronze. Ryan made easy work of his group dominating every round and picking up a well deserved gold. In the female blue/red sparring Lanny emulated Ryan's feat and picked up her second gold of the day. In the black belt group we saw Lee Crews, George Crews, Gareth Francis, Conah Prosser and Delme Pezzack all compete in the same group. With a large group all of the boys were in for some hard work, Delme and Gareth unfortunately went out first round, Lee and George were both put out in the second round only leaving Conah to progress which he did well right through to the final, here we saw two very good competitors put on very good displays but the final decision went against him and Conah had to settle for silver but it was no small effort to win that. In sparring Conah lost his semi final in the -51kg and got bronze, Delme fought very well in the -58kg against a much taller, older and very experienced opponent and did well to stay in the fight gaining valuable experience. Finally Gareth fighting in the -63kg for the first time had his hands full with a very good and experienced opponent and can be happy with the bronze he won although losing the semi final.

18+ yellow belts saw Sharon Collins perform well in patterns to pick up a silver and then in patterns she showed us more of the killer instinct to finish off her opponents and pick up a gold. In the green belts Daniel Neale performed well through he early rounds of patterns but was unable to pick it up a notch in the semi final so ended up with a bronze. In his sparring he did well again in the early rounds and made it through to final, a very hard fought final ended with a draw and the fighters having to come back up - unfortunately for Dan his opponent was able to dig that little bit deeper and do enough in the extra time to win the gold - but a well earned silver by Danial. Last up were the black belts in the male section Tom Harris performed well through early rounds, in patterns he reached the semi final and was narrowly beaten but in sparring he made it to the final and found himself up against not only and older and much more experienced opponent but someone who used to instruct him when we was a young green belt - over coming his nerves he fought very well and took the fight to a 2-1 decision - although losing he was delighted with his performance. Finally in the female section Cassie Lund went out in the quarter final of patterns and Sophie Collins worked her way through to the final - after two very good rounds of patterns the decision went 3-2 against her but she can be happy with a well earned silver. In patterns the girls fortunes were reversed with Sophie losing her quarter final and Cassie making her way to the final this time, with a very physical bout and losing her focus Cassie was unable to get back the points she gave away to her opponent and had to settle for silver and a lovely shiner to boot.

At the end of a very long day everyone could be very pleased with themselves as they had performed well and won quite a bit too, with more than 300 competitors from 60 schools it was a big event. On announcement of the overalls Ely's Lanny James was awarded the 13-17 colour belt overall. Finally Fairwater School had 2 gold, 3 silver and a bronze which left them 15th on 13 points and Ely School with 4 gold, 7 silver, 6 bronze and an overall had 32 points and finished 2nd overall. A very well done to everyone who competed.

Sophie Collins II	Fairwater		1/4	
Cassie Lund I	Ely	1/4		
Lee Burrige I	Fairwater	r2	ne	
Tom Harris I	Ely			
George Crews I	Fairwater	r2	ne	
Gareth Francis I	Ely	r1		
Conah Prosser I	Ely			
Delme Pezzack I	Fairwater	r1	1/4	
Lanny James	Ely			
Kane Collins	Fairwater			
Bethan Pezzack	Fairwater	1/4		
Ryan Davis	Ely			
Ben Hull	Ely	1/4		
Daniel Neale	Ely			
Sarah Jones	Ely	r1		
Thomas Jenkins	Ely			
Daniel Jenkins	Ely	1/4		
Sharon Collins	Fairwater			



#### Welsh Open - UWIC Cardiff

This weekend saw more than 260 students from 46 different schools from all over the UK and Ireland compete in the Welsh Open. At the end of a long day the winners were announced with RTA Didcot coming 2nd and Fairwater 3rd leaving Ely school to be proclaimed 2007 Welsh Champions.



#### Grand Prix V stage 2

Congratulations to everyone who participated in the second stage of this year's Grand Prix, with more than 125 competitors from a dozen schools it was a good turn out which saw some very good competition.



#### XV World Championships - 24th-29th April - Bled, Slovenia

The World Championships this year saw 5 Welsh competitors enter with 3 recently stepping up to the seniors and another in his first ever World seniors. Although no one won a medal (some making it to the 1/4 finals) all can be happy with their performances as they competed well in their first senior internationals and gained valuable experience which will help them prepare for the European Championships later this year.

The first of the Welsh team up was Cassie Lund in the I dan female patterns, Performing well in her first round she beat the Bulgarian and moved into round 2 where she faced a Japanese opponent, unfortunately she was unable to advance further as her opponent was very solid in a close round. Next up was Tom Harris in I dan male patterns, starting off against Austria Tom performed well and moved through to the second round. Next up he faced the Chilean and again kept up his good work and moved through to the 1/4 final. Here he came up against the Kazakhstani, despite another good performance by Tom he was unable to beat the Kazakhstani who went on to the final. In the female II dan patterns Sophie Collins face a Canadian in round 2, giving a good first pattern the Canadian was able to keep it up for the second and narrowly edged Sophie out. The final patterns competitor was Richard Taylor in II dan male patterns who faced a Czech in round 2 but was unable to raise his performance enough against a very solid Czech.

First sparrer was Cassie Lund in -51kg female facing a Ukrainian in round 2, a hard fought match between both saw the Ukrainian narrowly win and eventually make the final. In -57kg male Tom Harris also drew a Ukrainian and put in a solid performance but was unable to raise it enough to beat the Ukrainian who eventually went

through to the final. In female -57kg sparring Sophie Collins dominated her opening bout easily beating her Estonian opponent and moving into round 2, next up she put in yet another solid performance and took out her German opponent to move on into the 1/4 final. Here she came up against the Czech who eventually made the final and starting cautiously fought well but left it too late to pull back the the narrow point lead the Czech built up. In Male -85kg Wayne Brooks started his first round against Australia and totally dominated the round easily moving into round 2, here he faced the Czech and immediately took the fight to him, putting the Czech at unease as he kept the pressure up and built up a good lead to win the round. In the quarter final he face the Russian and both fought well trying to break each others defence down and score points with right at the end of the round Wayne threw a big hit which gave him the lead but it instantly received a yellow card from the umpire despite the Russian not being knocked down or visibly hurt, this had the misfortune of deducting Wayne's point lead and then losing another point for the yellow card and it was a harsh way to lose out on making he semi final. The last sparring was +85kg male with Richard Taylor facing the Bulgarian, in a very physical round Richard did enough to get a draw, in the extra time thought he Bulgarians speed and fitness paid off with him winning the round to advance to round 2.

The final event was power which was only entered by Richard Taylor, unfortunately he never made it beyond the eliminator of the side kick against 3 boards, with only around 6 competitors eventually achieving this break.

#### UKTA select team, Glasgow

The first UKTA Select Team challenge of 2007 took place at the Scottish Open in the Kelvin Halls this year.

The event saw ITF Slovenia bring a male and female team and ITF Scotland a male team to take on the UKTA male and female teams which Master John Taylor VIII has selected from the National Squad training session he has held this year.

Male team: Johnny Chan Fook Tin IV (Huddersfield), Felix Lopez IV (Bury), Gary Bonser II (Burbridge), Richard Taylor II (Cardiff University), Wayne Brooks I (Ely) and Tom Harris I (Ely).

Female team: Leanne Taylor II (Meopham), Sophie Collins II (Fairwater), Laura Orgill II (Burbridge), Victoria Phillips I (Ely), Valentina Iotchkova I (Oxford University), Cassie Lund I (Ely) and Samantha Taylor I (Aldershot).

The male patterns round saw all teams perform well with ITF Slovenia winning both rounds and Scotland beating the UKTA. This left the Slovenes in the lead with Scotland second and UKTA last. In the first sparring ITF Slovenia beat ITF Scotland to consolidate their lead. The UKTA faced Scotland next:

Richard: fought well but didn't use his height to full potential to keep his opponent off him. 0-1

Johnny: a fast and frenetic bout from both competitors with the decision going to Scotland. 0-2

Wayne: A combination of fast hands and experience gave him a comfortable win. 1-2

Felix: A hard battle for both with Felix's stamina carrying him through to the win. 2-2

Tom: a very fast bout between two of the lightest fighters, too close to call resulting in a draw. 2-2

The final round of sparring saw UKTA take on ITF Slovenia:

Johnny: held ground and defended well but unable to break through his opponents defence. 0-1

Gary: used height advantage to score points off his opponent and keep his distance to win. 1-1

Felix: hard fought battle between two even fighters but unable to pick up enough points to win. 1-2

Richard: used his long legs well to keep his opponent away and defend his lead and win. 2-2

Wayne: moved well, working his opponent hard and kept the pressure on throughout to win. 3-2

This left the UTKA on top from the sparring with a win and draw, ITF Slovenia second on a win and ITF Scotland third with a draw.

In the female competition ITF Slovenia won the patterns event to take an early lead before the



sparring started:

Sophie: fought solidly but unable to score enough points against her opponent.  
0-1

Cassie: dominated and kept her opponent under pressure to gain a well deserved win.  
1-1

Leanne: fought an even match but did enough to pick up the extra points needed to win.  
2-1

Victoria: was made to work hard and kept under pressure by a very tenacious opponent. 2-2

Valentina: moved and sparred well defensively but unable to pick up points for the win.  
2-3

This gave ITF Slovenia a win in both events.

After all the sparring was over the teams lined back up to hear the results announced. In the male section it was ITF Slovenia - Gold, ITF Scotland - Silver and UKTA Select - Bronze (the final two on 1 win 1 draw each but the patterns win taking precedence in Scotland's favour). In the females ITF Slovenia - Gold and UKTA select - Silver. The competitors were then presented with their medals by Grand Master Rhee Ki Ha IX, thanked for their hard worked and then headed off to compete in the individual events for the black belt sparring at the Scottish Open where many picked up more medals after even more hard work giving them a very long, hard but worthwhile day.

### Scottish Open Saturday 24th March - Kelvin Hall, Glasgow

This year 26 students from Cardiff Uni, Ely, Fairwater, Pontyclun and TKD Wales schools travelled to Glasgow for the Scottish Open with six of them also competing in the UKTA select team event against ITF Slovenia and ITF Scotland. The day started off with the black belt patterns moving through the colours and then onto the sparring with the black belt Team challenge running alongside. As the results show the Welsh competitors performed very well in all their events . With over 40 schools competing the placing of Ely as 4th (36 points) and Fairwater 5th (28 points) were very good achievements and every competitor can be proud of themselves after such a good tournament.



Competitor	School	P	S	ST	O	T
Carl Bowen IV	Pontyclun TKD					
Richard Taylor II	Cardiff University	¼				
Emma Bonnar II	Cardiff University		ne			
Sophie Collins II	Fairwater		¼			
Victoria Phillips I	Ely	¼				
Cassie Lund I	Ely	¼				
Wayne Brooks I	Ely	ne	ne			
Tom Harris I	Ely					
Lee Burrige I	Fairwater	¼	ne			
Ben Miller I	Fairwater		¼			
Lauren Robson I	TKD Wales					
Gareth Francis I	Ely	r2				
Conah Prosser I	Ely	¼				
Delme Pezzack I	Fairwater					
Lanny James	Ely					
Bethan Pezzack	Fairwater					
Kane Collins	Fairwater					
Ryan Davis	Ely					
Bryony Powell	TKD Wales	¼	ne			
Eve Jones	TKD Wales	¼				
Abbie Quick	TKD Wales					
Jack Edwards	TKD Wales		¼			

Ben Hull	Ely					
Lewis Williams	TKD Wales	¼				
Sarah Jones	Ely					
Alycia Carroll	TKD Wales					



### Black belt promotion

Congratulations to Master John Taylor who has been promoted to VIII degree and to the following for their black belt grading with Grand Master Rhee IX.

Darren Johns III	Cardiff North
Neville Thompson II	Ely
Gareth Francis I	Ely
Delme Pezzack I	Fairwater
Conah Prosser I	Ely
Simon Wood I	Aberystwyth
Matthew Evans I	Aberystwyth
Simon Furneaux I	Tywyn
Kevin Payne I	Tywyn



### Grand Prix V stage I - Sunday 25th February, Eastern Leisure Centre

Sunday saw the return of the Grand Prix and it was good to see new faces there, All the competitors performed well and starting around 10am the day moved along swiftly through the rounds. This year the female and male under 13s were split as these had been a bottle neck groups making up almost a third of the entries. After all the events were over the trophy presentation began with all winners receiving their trophies up on the podium before some team pictures and the day ending around 1pm. Thank you to all that helped set up and to everyone who participated and came along to support the event and we look forward to seeing you in May at stage II of Grand Prix V.

### Congratulations

Our congratulations to Mr and Mrs Matthews IV who this morning became the proud parents of baby twins one boy one girl, mother and babies are all well and doing fine - we look forward to seeing you all very soon.



### Chang Ung Cup -UKTC, Glasgow

The Cup was a black belt only competition being held by the UKTC with guests coming in from Italy, Ireland, England, Holland, Wales and a few individuals from as far a field as Afghanistan. Lee was competing in the 14-17 year old division and George in the 9-13 division. With over 19 in each pattern group there was plenty of competition. Both performed well and congratulations go out to George for picking up a bronze in patterns and then a silver in his sparring.



### Seminar/Grading 1- Sunday 18th February, Heath Hospital Sports Hall

The first seminar of this year for Wales was Taken by Master Gary Miller VII. For the 40+ students in attendance it was a good learning experience as Master Miller took them through their patterns putting emphasis on correct positioning of hands and feet - showing how being even half an inch out will stop a block from working or leave you in a weak stance. The class later split into yellow belts and below who worked on release techniques and step sparring as the senior grades continued working on patterns and fine tuning their stance and techniques. At 12:30 the seminar completed and there was a short break for lunch before Master Miller recommenced with the grading.



### Condolences

It is with great sadness that we have learned of the sudden death of Alexis Markokonstantinos (Greece) on Tuesday 2<sup>nd</sup> January. Alexis was very actively involved in Taekwon-Do as AETF Deputy Secretary General and worked tirelessly using his language skills and talents to solve problems, always getting the job done. The loss of this intelligent, well educated, warm, friendly person will be felt throughout the Taekwon-Do community. [Everyone in ITF Wales sends their condolences to Mr Markokonstantinos' family.](#)