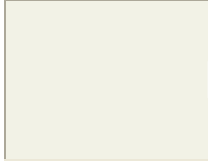




Congratulations
 Well done to Luke Wakely III, Richard Taylor III, Tom Harris II, Conah Prosser II, Gareth Francis I and Ryan Davies I on their selection for the Four Nations Welsh Team and best of luck this weekend in Scotland in the event from everyone in ITF Wales.



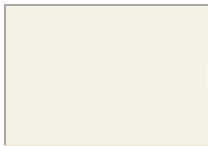
English Open Saturday 25th September K2, Crawley
 Well done to everyone who attended and put in some very good performances at the largest open so far this year with almost 400 competitors, Cardiff Uni, Cyncoed and Ely were represented as well as our friend from North Cardiff Self Defence and Fleur-de-Lis.



Promotions.
 ITF Wales are pleased to announce the promotions of Mr Darren Johns IV, Mr Neville Thompson III and the grading also saw three new additions to Wales' black belts in Mr Craig Biggs I, Mr Ben Travers I and Miss Ella Travers I. Well done to you all on all your hard work.



Congratulations - World Championships
 ITF Wales would like to congratulate Mr Michael Barker III on his recent success in the IV Veteran World Championships, Minsk Belarus having won silver in the Veteran III dan patterns and also bronze in the veteran - 80kg sparring. Also well done to Mr Ryan Davies I who also competed in the IX Junior World Championships and although not winning a medal put in a good performance whilst representing Wales.



Squads
 **** Squads for this weekend Sunday 12th September has been cancelled - apologies for late notice. *****



Grand Prix VII stage II 2010 - congratulations
 The second stage of ITF Wales Grand Prix VII was this weekend and saw more than 100 competitors from over a dozen schools enter we would like to welcome back old time associates from Brynna who put in a good show for the day, the day ran well with some very good performances from students throughout the schools - well done to you all - [CURRENT RANKINGS](#) [ITF Wales photos](#) & [Other photos](#). We look forward to seeing you all again in October for the final stage.

U13	Special Technique		
-135	Morgan James - Fleur-de-Lis	Evan Thomas - Fleur-de-Lis	Lewis Ryan - Newbridge
-145	Sam Williams - Fleur-de-Lis	Caitlin Smothers - Fleur-de-Lis	Callum Hole - Fairwater
-155	Jack Bishop - Fairwater	Ella Travers - Cardiff North	Dewi Casley - TKD Academy



UKTA Welsh Open, UWIC Cardiff - 16th May
 This weekend saw the 2010 Welsh Open with 40 plus schools and 280 competitors well done to everyone on a great day and results will appear soon. [Photos](#).



UKTA regional Seminar, Sports Hall Heath Hospital Sunday 9th May
 This weekend saw the regional seminar hosted by Mr Darren Johns III Cardiff North and taken by none other than Grand Master Rhee Ki Ha IX - with over 130 students in attendance it was a busy and informative seminar and successful grading for the Wales area. [Photos](#).



Scottish Open, Bellahouston Glasgow, 17th April
 Congratulations to competitors who travelled to Scotland this weekend to compete a good show by ITF Wales

Mark Wakely III	Ely		Silver	Conah Prosser II	Ely	Gold	Bronze
Gill Wakely II	Ely		Gold	Ryan Davies I	Ely	Bronze	Silver
Jenna Wakely II	Ely	Silver	Bronze	Lucy Hope I	Ely		Silver
Lanny James II	Ely	Silver	Bronze	Leighton Prosser	Ely	Gold	Gold
Tom Harris II	Ely	Silver	Bronze				

Also in attendance were Mr Christopher Black III, Stephen Cocks I and Gareth Francis I - [Masters Shield rankings](#)



European Championships, Barletta, Italy March 2010

Congratulations to Gareth Francis I (Ely) on winning silver in the senior male -64kg sparring and Tom Harris II (Ely) on winning bronze in the senior male -58kg sparring. Also representing Wales were Victoria Phillips III (Ely), Jenna Wakely II (Ely), Sophie Collins II (Fairwater), Lanny James II (Ely), Conah Prosser II (Ely), Ryan Davies I (Ely) and Stephen Cocks I (Lisvane), well done to you all. [Photos](#) - [Others](#)

Grand Prix VII stage I 2010 - congratulations

The first stage of ITF Wales Grand Prix VII was this weekend and saw more than 120 competitors from over a dozen schools enter with the Kendal family from Caterham making the longest trip - with plenty of new comers to the event with was a great day for the participants and spectators alike - [RANKINGS](#) [ITF Wales photos](#) & [Other photos](#). We look forward to seeing you all again in June for the second stage. Special mention to the u13 who participated in the special technique event trialled at this tournament.



U13	Special Technique		
-125	Amy Morgan-Ward - TKDW		
-135	Anya Nicholas - NCSD	Caitlin Clarke - David Lloyd	
-145	Evan Thomas - TKDW	Oliver Kendall - Caterham	Morgan James - TKDW

ITF Wales Awards Night

Thank you to everyone for supporting ITF Wales throughout the year and at the Awards Night. [Photos](#)



Cardiff North	Ely	Fairwater	ITF Wales	UKTA
Junior Student of Year	Junior Student of Year	Junior Student of Year	U13 Shield	u13 Overall
Robert Bonar	Thomas Jenkins	Jacob Dacey	Kane Collins	Kane Collins
Senior Student of Year	Senior Student of Year	Senior Student of Year	13-17 Shield	Veteran Overall
Alex Imbert	Dai Morgan I	Daniel Anderson	Conah Prosser II	Leighton Prosser
		Most improved Junior	Senior shield	
		Lui Reeves	Leighton Prosser	
		Most Improved Senior		
		Muhammed Ezadan		