



Welcome to ITF Wales



Since the first class was taught many years ago, the focus of our program has remained the same: to provide students the highest quality martial arts instruction available in a safe and positive learning environment that people of all ages can enjoy. Our instructors combine excellent student instructor ratios with establish ITF schools as the leaders in the instructor program that represents more than be with you every step of the way to help you new goals you never before thought possible). Wales only had two schools of Taekwon-Do, students who went on to open their own their own schools and we have seen the art throughout Wales in various Taekwon-Do associations. ITF Wales is the successor to these first schools with President Senior Master Michael Prewett VIII a former Fairwater student who became Fairwater instructor in 1978 and Vice President Senior Master John Taylor VIII a former Barry student setting up his own schools in Penarth and Ely in 1978 and 1979 respectively. As well as these two well established schools ITF Wales currently has schools in Aberystwyth, Cardiff University, Cyncoed, Lisvane, Llanederyn, David Lloyd, Heath and Tywyn.



state of the art training facilities. This has helped martial arts field. Each instructor is a graduate of an thirty years of research and development. He or she will reach your individual goals (and maybe even reach some From the humble beginnings in the early 1970's when Barry and Fairwater, these schools produced many schools who then produced more students who opened grow so that these days there are hundreds of schools

ITF Wales was created in 1995 following a decision by the EITF (AETF) to allow the UK-ITF to split into regional areas, and thus creating ITF England, ITF Wales, ITF Scotland and ITF Northern Ireland. We are the only organised body in Wales recognised by the International Taekwon-Do Federation (ITF) and European ITF (EITF) for competition and representation by Welsh competitors at the World and European Championships. If you're looking to join then the following associations are affiliated to the ITF:

BITF	- British Isles Taekwon-Do Federation	Senior Master Leslie Hutchison VIII
UKGT	- United Kingdom Global Taekwon-Do	Master B.S. Sahota VII
UKTA	- United Kingdom Taekwon-Do Association	Grand Master Rhee Ki Ha IX
UKTC	- United Kingdom Taekwon-Do Centre	Senior Master Peter Harkess VIII
UKTD	- United Kingdom Taekwon-Do Dojangs	Mr Nissan Moradoff VI

Training is open to all licenced students from associated member groups. You must be a black belt or a colour belt aged 13 or over. You do not have to compete at international events if you do not want to, you can just train with us. If however you are keen to get to compete at an international event make sure you read the selection criteria guidelines below:

Selection Criteria

- Junior competitors must be 13 (Euro) 14 (World) to 17 at the commencement of the championships.
- Senior competitors must be 18 to 39 at the commencement of the championships.
- Veteran competitors must be 40 years or over at the commencement of the championships.
- You must be a registered ITF black belt, with recognised ITF Certification.
- You must have a current BTC Licence and membership Licence with an Organisation Member.
- You must attend squad-training sessions on a regular basis (At least 75%).
- You must participate in 2 or more ITF Wales recognised national championships.
- You must be a Registered Member of ITF Wales.
- You must be willing to obtain sufficient individual funding to cover relevant costs.

All Team and Individual selections will be made by the Coaching staff, as selected in Article 4c of the Constitution. Selection will be based on:

- Performance at national and international competition
- Performance at ITF Wales training sessions
- Attitude towards coaches and fellow registered members
- The registered member's demeanour and general courtesy
- Previous competition experience
- Future expectations and/or prospects
- Attainment of minimum fitness/conditioning level set by coaching staff

ITF Wales is always open to offers of sponsorship to enable us to support our athletes throughout their training. If you would like to support the squad or individual members please feel free to contact us.