

Conah Prosser II 05/02/1992 - Ely School of Taekwon-Do

	Competition	Patterns	Result	Sparring	Result	Special T	Result	Power	Result		
2010	ITF Wales									Silver Award	R
	ITF Wales									Bronze Award	R
	UK Open	UWIC Cardiff	18+ male II dan	Gold	18+ male black -64kg	Bronze					R
	Four Nations	Glasgow	Team		Team		Team			Team Silver	R
	English Open	K2 Crawley	18+ male II dan	Silver							R
	London Open	Guildford	18+ male II dan	Gold	18+ male black -64kg	Silver	Scissors	Bronze			R
	Welsh Open	UWIC Cardiff	18+ male I & II dan	Gold	18+ male black -64kg	Bronze					R
	Scottish Open	Bellahouston	18+ male II dan	Gold	18+ male black -71kg	Bronze					R
	XXV Euro Seniors	Barletta, Italy	18+ male II dan	1							R
2009	ITF Wales	Master's Shields								13-17 Overall winner	R
	Four Nations	Dublin	Team		Team			Team		Team Bronze	R
	UK Open	Kelvin Halls	13-17 male II	Gold	13-17 male black -63kg	Bronze					R
	Welsh Open	UWIC Cardiff	13-17 male II	Gold	13-17 male black -63kg	Silver	Scissors	1			R
	English Open	K2 Crawley	13-17 male I	Silver	13-17 male black -63kg	Gold		1			R
	XV Euro Juniors	Zrece, Slovenia	13-17 male I	¼	13-17 male black -63kg	1					R
	Scottish Open	Inverness Lesiure	13-17 male I	Gold	13-17 male black -63kg	Gold		1			R
2008	ITF Wales	Master's Shields								13-17 Overall winner	R
	Irish Open	Tallaght	12-17 dan	Gold	12-17 male dan sparring	Bronze					R
	UKTA	Overall Competitor								13-17 Overall winner	R
	Four Nations	Maesycymmer	Team		Team			Team		Team Bronze	R
	UK Open	Fenton Manor	13-17 male I dan	Gold	13-17 male black -63kg	Gold				13-17 black overall	R
	Welsh Open	Guildford	13-17 male I dan	Gold	13-17 male black -63kg	Gold				13-17 black overall	R
	VIII World Juniors	Tashkent	13-17 male I dan	1	13-17 male black -63kg	1					R
	London Open	Guildford	13-17 male I dan	Gold	13-17 male black -63kg	Bronze	Scissors	1			R
	Scottish Open	Kelvin Halls	13-17 male I dan	Gold	13-17 male black -63kg	Bronze	Scissors	1			R
	XIV Euro Juniors	Porec, Croatia	13-17 male I dan	Bronze	13-17 male black -57kg	2					R
	English Open	K2 Crawley	13-17 male I dan	Gold	13-17 male black -63kg	Gold	Scissors	1			R
2007	UK Open	UWIC Cardiff	13-17 male I dan	Bronze	13-17 male black -58kg	Silver	Flying	1			R
	XIII Euro Juniors	Tallinn, Estonia	13-17 male I dan	2	13-17 male black -51kg	¼					R
	XIII Euro Juniors	Tallinn, Estonia	Team	Bronze	Team	¼					R
	English Open	K2 Crawley	13-17 I dan	Bronze	13-17 male black -51kg	Gold	Scissors	1			R
	London Open	Guildford	13-17 I dan	Silver	13-17 male black -51kg	Bronze		1			R
	Welsh Open	UWIC Cardiff	13-17 I dan	Gold	13-17 black -58kg	¼	Scissors	2			R
	Scottish Open	Kelvin Halls	13-17 I dan	¼	13-17 black -51kg	Gold	Scissors	1			R
	Grand Prix I	Eastern Leisure	13-17/blue/red	Gold	13-17 blue/red -63kg	Gold					R
2006	UK Open	Sheffield	13-17 red	Gold	13-17 male blue/red -49kg	Bronze					R
	Irish Open	UCD Dublin	13-17 red	Bronze	12-14 male green-red	Bronze					R
	Grand Prix III	Eastern Leisure	13-17 blue/red	Gold	13-17 male blue/red -63kg	Silver				13-17 - 1st overall	R
	English Open	Crawley	13-17 red	Gold	13-17 male blue/red -49kg	Bronze	Scissors	1			R
	London Open	Reading	13-17 red	Bronze	13-17 male blue/red -49kg	Silver					R
	Welsh Open	WIS, Cardiff	13-17 red	1	13-17 male blue/red -49kg	¼	Scissors	1			R
	Grand Prix II	Eastern Leisure	13-17 blue/red	Gold	13-17 male blue/red -63kg	Gold					R

	Scottish Open	Gorbals	13-17 red	Gold	13-17 male blue/red -49kg	Silver	Scissors	1				R	
	Grand Prix I	Eastern Leisure	13-17 blue/red	Gold	13-17 male blue/red -63kg	Silver						R	
2005	Ely											Junior Student of Year	R
	British Open	Sheffield	13-17 blue	Silver	13-17 male blue/red -49kg	¼	Scissors	1				R	
	Irish Open	Blanchardstown	13-17 blue	Gold	12-14 male green-red	Bronze						R	
	Grand Prix III	Eastern Leisure	13-17 blue/red	¼	13-17 male blue/red -63kg	Silver						R	
	Slovenian Open	Radovljica	13-17 blue	Bronze	13-17 male colour -50kg	¼						R	
	Welsh Open	Cogan Leisure	13-17 blue	Bronze	13-17 male blue/red -49kg	Bronze	Scissors	1				R	
	London Open	Reading	13-17 blue	Silver	13-17 male blue/red -49kg	¼	Scissors	1				R	
	Scottish Open	Clydebank	13-17 blue	Gold	13-17 male blue/red -49kg	Silver	Scissors	1				R	
	Grand Prix II	Eastern Leisure	13-17 blue/red	Gold	13-17 blue/red -63kg	¼						R	
	English Open	Sheffield	13-17 blue	Silver	13-17 blue/red -49kg	¼	Scissors	1				R	
	Grand Prix I	Eastern Leisure	13-17 blue/red	¼	13-17 male blue/red -63kg	Bronze						R	
2004	UK Open	Sheffield	u13 blue	Bronze	u13 blue/red +146	1						C	
	Irish Open	Dublin	u13 blue	Silver	12-14 male green-red	¼						R	
	Grand Prix III	Eastern Leisure	u13 blue/red	Gold		Bronze						G	
	Welsh Open	Cogan Leisure	u13 blue	Gold	u13 blue/red +146	¼	Flying	1				R	
	Grand Prix II	Eastern Leisure	u13 blue/red	Bronze		Bronze						G	
	Scottish Open	Clydebank	u13	¼	u13	1	Flying	1				R	
	Grand Prix I	Eastern Leisure	u13 blue/red	Bronze		1						G	
	English Open	Swindon		1		1						C	
2003	Grand Prix III	Canton Community	u13 green	Silver		1						u13 green - 2nd overall	C
	UK Open	Llantrisant Leisure	u13 green	Bronze		Bronze						C	
	Grand Prix II	Canton Community	u13 green	Bronze		1						C	
	Welsh Open	Cogan Leisure	u13 green	Silver		Silver						C	
	Grand Prix I	Canton Community	u13 green	Silver		Bronze						C	
	English Open	Exeter?	u13 green	1		1						C	
2002	Welsh Open	Cogan Leisure	u13 green	1		1						C	