

Sophie Collins II 23/10/1998 - Fairwater School of Taekwon-Do

| Year | Competition        | Patterns               | Result                | Sparring | Result                   | Special T | Result   | Power | Result  |                    |                 |   |
|------|--------------------|------------------------|-----------------------|----------|--------------------------|-----------|----------|-------|---------|--------------------|-----------------|---|
| 2010 | ITF Wales          |                        |                       |          |                          |           |          |       |         | Silver Award       | R               |   |
|      | ITF Wales          |                        |                       |          |                          |           |          |       |         | Bronze Award       | R               |   |
|      | XXV Euro Seniors   | Barletta, Italy        | 18+ female II dan     | 2        | 18+ female black -51kg   | 1         |          |       |         |                    | R               |   |
|      | St Petersburg Open | St Petersburg, Russia  | 18+ dan patterns      | Gold     | 18+ female black -51kg   | Bronze    |          |       |         |                    | R               |   |
| 2009 | XVI World Seniors  | St Petersburg, Russia  |                       |          | 18+ female black -51kg   | 1         |          |       |         |                    | R               |   |
|      | Welsh Open         | UWIC, Cardiff          | 18+ female II dan     | Bronze   | 18+ female black -51kg   | Silver    |          | Gold  |         |                    | R               |   |
|      | XXIV Euro Seniors  | Zrece, Slovenia        |                       |          | 18+ female black -51kg   | 1         |          |       |         |                    | R               |   |
|      | Regional Open      | St Petersburg, Russia  | 18+ dan patterns      | Silver   | 18+ female black -51kg   | Silver    |          |       |         |                    | R               |   |
|      | St Petersburg Open | St Petersburg, Russia  | 18+ dan patterns      | Silver   | 18+ female black -51kg   | Bronze    |          |       |         |                    | R               |   |
| 2008 | ITF Wales          | Master's Shield        |                       |          |                          |           |          |       |         | 18+ Overall winner | R               |   |
|      | UKTA               | 18+ overall competitor |                       |          |                          |           |          |       |         | 18+ Overall winner | R               |   |
|      | UK Open            | Fenton Manor           | 18+ female II dan     | Gold     | 18+ female black -51kg   | Gold      | Scissors | 1     | Various | 1                  | R               |   |
|      | Welsh Open         | NIAC Cardiff           | 18+ female II dan     | Gold     | 18+ female black -51kg   | Gold      | Scissors | Gold  | Various | Gold               | 18+ dan overall | R |
|      | London Open        | Guildford              | 18+ female I & II dan | Bronze   | 18+ female black -51kg   | Gold      |          |       | Various | Gold               | R               |   |
|      | XIX Euro Seniors   | Sardinia, Italy        | 18+ female II dan     | Gold     | 18+ female black -52kg   | Gold      |          |       |         |                    | R               |   |
|      | Scottish Open      | Kelvin Halls           | 18+ female I & II dan | Gold     | 18+ female black -51kg   | Silver    | Scissors | Gold  | Various | Gold               | R               |   |
|      | XXIII Euro Seniors | Porec, Crawley         | 18+ female II dan     | ¼        | 18+ female black -51kg   | ¼         |          |       |         |                    | R               |   |
|      | English Open       | K2, Crawley            | 18+ female II dan     | Silver   | 18+ female black -51kg   | Gold      |          |       |         |                    | R               |   |
| 2007 | Irish Open         | Tallaght               | 18+ dan patterns      | ¼        | 18+ female black heavy   | Silver    | Scissors | 1     | Various | 1                  | R               |   |
|      | UK Open            | UWIC, Cardiff          | 18+ female II dan     | Bronze   | 18+ female black -51kg   | Silver    |          |       |         |                    | R               |   |
|      | XXII Euro Seniors  | Tallinn, Estonia       | 18+ female II dan     | Bronze   | 18+ female black -57kg   | 1         |          |       |         |                    | R               |   |
|      | English Open       | K2, Crawley            | 18+ female II dan     | ¼        | 18+ female black -57kg   | Silver    |          |       |         |                    | R               |   |
|      | London Open        | Guildford              | 18+ female I & II dan | Silver   | 18+ female black -60kg   | ¼         |          |       |         |                    | R               |   |
|      | TAGB Worlds        | NIA Birmingham         | 18+ female dan        | 2        | 18+ female black -58kg   | ¼         |          |       |         |                    | R               |   |
|      | Welsh Open         | UWIC, Cardiff          | 18+ female II dan     | Gold     | 18+ female black -57kg   | Bronze    |          |       |         |                    | R               |   |
|      | TAGB Welsh Open    | UWIC, Cardiff          | 18+ female II dan     | 1        | 18+ female black -63kg   | Bronze    |          |       |         |                    | R               |   |
|      | XV World Seniors   | Bled                   | 18+ female II dan     | ¼        | 18+ female black -57kg   | ¼         |          |       |         |                    | R               |   |
|      | Scottish Open      | Kelvin Halls           | 18+ female II dan     | Gold     | 18+ female black -57kg   | ¼         |          |       |         |                    | R               |   |
|      | UKTA vs Slovenia   | Kelvin Halls           | Team                  |          | Team                     |           |          |       |         | Silver             | R               |   |
| 2006 | UK Open            | Sheffield              | 18+ female II dan     | Silver   | 18+ female black -57kg   | Bronze    |          |       |         |                    | R               |   |
|      | XII Euro Juniors   | Thessaloniki           | 18+ female II dan     | 2        | 18+ female black -57kg   | 2         |          |       |         |                    | R               |   |
|      | English Open       | Crawley                | 13-17 female II dan   | Silver   |                          |           |          |       |         |                    | R               |   |
|      | VII World Juniors  | Sofia                  | 13-17 female II dan   | 2        | 13-17 female black -54kg | 2         |          |       |         |                    | R               |   |
|      | London Open        | Reading                | 13-17 female II dan   | 1        | 13-17 female black -54kg | 1         |          |       |         |                    | R               |   |
|      | Scottish Open      | Gorbals                | 13-17 female II dan   | Gold     | 13-17 female black -48kg | Gold      |          |       |         |                    | R               |   |
| 2005 | British Open       | Sheffield              | 13-17 female II dan   | Silver   | 13-17 female black -48kg | 1         |          |       |         |                    | R               |   |
|      | Irish Open         | Blanchardstown         | 13-17 female II dan   | ¼        | 13-17 female black -53kg | 1         |          |       |         |                    | R               |   |
|      | Slovenian Open     | Radovljica             | 13-17 female I dan    | ¼        | 13-17 female black -53kg | ¼         |          |       |         |                    | R               |   |
|      | Slovenian Open     | Radovljica             |                       |          | 18+ female black -51kg   | Silver    |          |       |         |                    | R               |   |
|      | Welsh Open         | Cogan Leisure          | 13-17 female I dan    | Silver   | 13-17 female black -48kg | Gold      |          |       |         |                    | R               |   |
|      | Scottish Open      | Clydebank              | 13-17 I dan           | ¼        | 13-17 female black -48kg | Gold      |          |       |         |                    | R               |   |
|      | XI Euro Juniors    | Dublin                 |                       |          | 13-17 female black -48kg | ¼         |          |       |         |                    | R               |   |

