

Stephen Cocks I 25/01/1995 - Lisvane School of Taekwon-Do

Year	Competition	Patterns	Result	Sparring	Result	Special T	Result	Power	Result
2010	ITF Wales								Bronze Award
	Welsh Open	UWIC Cardiff	13-17 male I dan	¼	13-17 male black -57kg	¼			
	XVI Euro Juniors	Barletta, Italy	13-17 male I dan	1	13-17 male black -57kg	1			
2009	Welsh Open	UWIC Cardiff							
	English Open	K2 Crawley	13-17 male I dan	r1					
	Scottish Open	Inverness Lesiure	13-17 male I dan	¼	13-17 male black -57kg sparring	Silver			
2008	UK Open	Fenton Manor	13-17 red belt	Silver	13-17 male blue-red -55kg sparring	Silver			
	Grand Prix III	Eastern Leisure	13-17 blue/red	Gold	13-17 male blue/red -63kg sparring	Silver			13-17 - 2nd overall
	Welsh Open	NIAC Cardiff	13-17 red belt	Silver	13-17 male blue-red -55kg sparring	Bronze			
	Grand Prix II	Eastern Leisure	13-17 blue/red	Silver	13-17 male blue/red -63kg sparring	¼			
	Grand Prix I	Eastern Leisure	13-17 male blue/red	Silver	13-17 male blue/red -63kg sparring	Silver			
	English Open	K2 Crawley	13-17 blue belt	Gold	13-17 male blue -55kg sparring	r1			
2007	UK Open	UWIC Cardiff		Silver		Bronze			
	Grand Prix III	Eastern Leisure	u13 blue/red	Bronze	u13 blue/red +140 sparring	Silver			
	Welsh Open	UWIC Cardiff							
	Grand Prix I	Eastern Leisure	u13 yellow/green	Gold					
2006	UK Open	Sheffield							
	Grand Prix III	Eastern Leisure	u13 yellow/green	Gold	u13 yellow/green +146 sparring	Gold			u13 - 2nd overall
	English Open	Crawley							
	Welsh Open	WIS, Cardiff	u13 green belt	Bronze					
	Grand Prix II	Eastern Leisure	u13 yellow/green	Bronze	u13 yellow/green -146 sparring	Bronze			
	Grand Prix I	Eastern Leisure	u13 yellow/green	Gold	u13 yellow/green -146 sparring	Silver			
2005	Grand Prix III	Eastern Leisure				Bronze			
	Grand Prix II	Eastern Leisure				Bronze			

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